



FOUR-YEAR MASTER'S COURSE IN PSYCHOTHERAPY

as permitted by M.I.U.R. (D.M. 16.01.2004 G.U. n°24 dated 30.01.2004)

Course Director: *Dr Genovino Ferri**

SCIENTIFIC COMMITTEE

- ◆ Prof. Vezio Ruggieri, professor of Clinical Psychophysiology at "La Sapienza" University, Rome
- ◆ Dr Bjorn Blumenthal, leader of the Norwegian Institute for Vegetotherapy
- ◆ Dr Genovino Ferri, psychiatrist, psychotherapist, president of the Italian Society of Reichian Analysis
- ◆ Dr Giuseppe Cimini, psychiatrist, psychotherapist, member of the Italian Society of Reichian Analysis

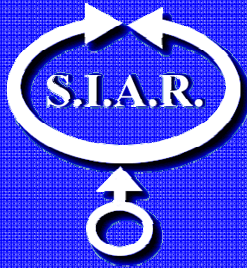
NATIONAL AFFILIATIONS

- ◆ Italian Federation of Psychotherapy Associations (F.I.A.P.)
- ◆ National Coordination of Schools of Psychotherapy (C.N.S.P.)
- ◆ Italian Association of Body Psychotherapy (A.I.P.C.)
- ◆ Wilhelm Reich Youth Advisory Service
- ◆ Local Universities and National Health Services

INTERNATIONAL AFFILIATIONS

- ◆ European Association for Body Psychotherapy (E.A.P.B.)
- ◆ International Scientific Committee of Body Psychotherapy (C.S.I.)
- ◆ International Federation of Orgonomic Colleges (I.F.O.C.)
- ◆ The Reich Institute, Greek Institute for Vegetotherapy and Character Analysis (E.I.N.A.)
- ◆ Sociedade de Vegetoterapia de Sao Paulo (S.O.V.E.S.P.)
- ◆ The New York Academy of Sciences (N.Y.A.S.)

** Genovino Ferri, former pupil of F. Navarro who, in turn, was a pupil of O. Raknes, a pupil of W. Reich.*



THE REASONS FOR CHOOSING THIS SCHOOL

Preparing psychotherapists in the reichian school means accepting the developments of Wilhelm Reich, starting from the indivisible connection body-mind-psyche.

So as to help find the sense in life - as intelligence, as perception, as direction and as meaning.

In order to prevent, to care for and to cure.

COURSE CONTENT

The post-reichian model used as our point of reference is compared and contrasted with other models and schools.

Associations with systems of scientific thought, and with other disciplines which contribute to a complex, structured overview of the human being, are examined.

Reich, thus, is not only considered in relation to Freud and Jung and to the mothers and fathers of psychoanalytical thought, but is also explored in greater depth through aspects of philosophy, neuroscience, psychiatry and modern physics.

METHODOLOGY

Both theory and practice are covered in the programme which includes: lessons and seminars, an analytical practice group and clinical supervision, as well as a supervised training period (which is carried out in approved external collaborating institutions and as part of our "W. Reich" Youth Counselling Service).

Last in the list, but a fundamental part of the course – individual analyses.

All of this is included with a view to creating group networks which are shared and in alliance.

Reichian Analysis integrates Wilhelm Reich's legacy - from the reading of body language to character analysis - with analysis of the depths, as part of a systemic, holistic overview in line with modern ideas.

The methodology acts on various levels - Character Analysis, Character-Analysis Vegetotherapy (which operates through bodily actings),

Analysis of the Character of the Relationship between the analyst and the person being analysed and interpretation of the Setting as a Complex Living System.

THE DESIGN OF THE COURSE

From the theoretical-cultural S.I.A.R. programme and methodology as approved by M.I.U.R.

The reichian analytical-therapeutic paradigm was born when it became ever clearer to Wilhelm Reich, one of Freud's most brilliant pupils, that making the subconscious conscious and eliminating the resistance put up to removal was not sufficient to complete a cure.

Reich had noted that a specific group of types of resistance were not notable for their content, but rather because of the specific way the person being analysed acted and reacted – he was dealing with character resistance.

This led **Reich** to develop **Character Analysis (1933)**... to the isolation of the character trait, to the continual examination and contrasting of the trait with the person until they were able to see and consider it as the manifestation of a symptom.

The Character, which etymologically means “incised mark,” is a specific way of being of that person. It expresses the history of the relationships and interactions of the person, it is temporally stratified and is sustainable relationally, though it is also the overall structured collection of the defences of the ego.

We believe that this passage from symptom to trait represents an evolutionary step which carries the systemic position with it. Furthermore, the character expresses a sexual-economic function – “the way in which the libido is organised in the various phases of evolution of the organism.” The concepts of character being a system of the organism and of sexual economy naturally lead to an approach incorporating bodily expression and its intelligent communication in the setting.

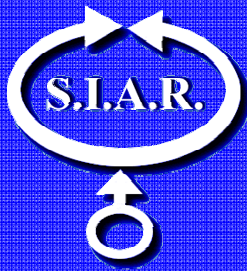
At a clinical level the action taken sees the integration of Character Analysis with **Character-Analysis Vegetotherapy** - a method which by exploring the vegetative nervous system, the muscular system, the neuro-endocrine system and the energy pulses operates by investigating the significant aspects of the body's energetic and psychic state. Specific, progressive acting goes over the experiences of psycho-affective development re-presenting ontogenetic movements of the evolutionary phases. Body language is the most significant element to which Reichian analysis makes reference, though it is clear that many other elements are also considered (from dreams to slips of the tongue, from symbols to metaphors, from phantasmal life to liberating fantasies and so on). It is the patient's overall mode of interaction in the setting which expresses the marks incised by object relationships on the various bodily levels and in the respective character traits. **Character-Analysis Vegetotherapy** punctuates the phases of analysis into various stages, favouring energetic-emotional insights, the knowing-understanding emerges from the feeling. The systematic method was completed by **Ola Raknes** and by **Federico Navarro**, a neuro-psychiatrist and the founder of reichian therapy in Italy (1974).

Analysis of the Character of the Relationship constitutes the third development of the paradigm (Ferri-SIAR 1992), which is to say highly-specific definition of the analytical-therapeutic relationship and of the setting in which it acts. It is defined by the position and mode of interaction of the analyst to set up counter-transference of a character trait functional to the disturbance to be cured and or to the specific personality structure which is expressing that disturbance. It is a targeted project for that individual and for the counter-transference indicators showing which permit the analyst to know where the other person is at that moment, where they, themselves, are and to understand in which evolutionary state the relationship is. In this concept of counter-transference there is a degree of flexibility in the analytical position which permits for functional, empathic contact in complexity and in co-evolution.

The **Setting** can be defined as a **Living Complex System (Ferri-SIAR 1999)**.

The analytical-therapeutic setting represents an auto-poietic system. It is a system which is born from the meeting of the character traits of the analyst and the person being analysed and which is an expression of the potential negentropy (see Schrödinger 1944).

The interaction between various trait transferences and counter-transferences within a single analytical-therapeutic relationship resembles the concept of structural coupling (see Maturana and Varela). If the analytical setting is an intelligent system, that is to say “it reads and learns,” then it has the capability of developing intelligent negentropy, which is reinforced by being a targeted, protected, privileged, operative, living space, the fundamental purpose of which is to favour greater vitality in the self being analysed.



COURSE STRUCTURE

Registered Psychologists and doctors will be considered for the course, according to the methods described by the official decree no. 509, dated 11.12.1998, to a maximum of 10 students.

The course, which lasts four years, envisages 2000 hours overall, made up of:

- ◆ 628 hours of general theory (lessons and study groups)
- ◆ 892 hours of specific courses (lessons, theory and experiential groups, individual analysis with S.I.A.R. analysts and supervision)
- ◆ 480 hours clinical practical training to be performed according to the law and the rules established in collaborating institutions.

The course is structured to include: 8 days at week-ends and 2 intensive, four-day meetings each month.

The course centre is at: S.I.A.R., Via Valadier, no. 44, 00193 Rome, Italy.

ENROLLMENT

In order to be admitted to the course you should send a letter of application, together with your c.v. showing qualifications and any relevant experience. Places will be offered on the Course to successful candidates selected on the basis of an interview before a panel featuring two analysts from the Italian Society of Reichian Analysis.

FOR FURTHER INFORMATION

Contact the secretary's office by e-mail at: siar@analisi-reichiana.it or telephone 0039 06 3224535 on Tuesday, Wednesday or Thursday from 4 p.m. to 8p.m. Central European Time.

E-mail: siar@analisi-reichiana.it

Website: www.analisi-reichiana.it